

# Craft Leftovers

# Catnip Pillow

I have had cats all of my life and almost without fail catnip has driven them crazy. They revert to a kitten like state and no matter how old, they bat at the leaves and roll around on the ground. The one problem that is unavoidable is the scattering of catnip all over the floor and all over the cat as well! So I happened on the idea of putting the catnip in a pouch and it worked quite well. I mixed the catnip with rice so that way if you warm it up the rice will keep the catnip warm and fragrant. Each time you warm it up the scent of the catnip is revitalized! It essentially works the same way for lavender and chamomile, except that it is a more pleasant smell for human, and not cat, pleasure. I put one in with my linens to keep them smelling fresh and clean and in the winter I warm them up in the microwave for 10 seconds and put them in my pockets to keep my hands nice and toasty! I wish there was a way that I could put them in my shoes!

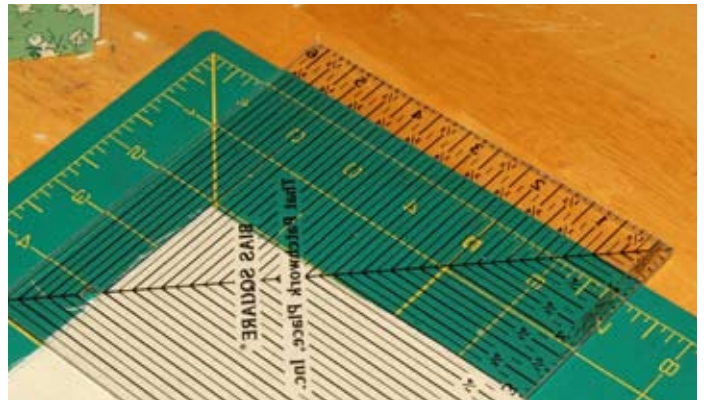
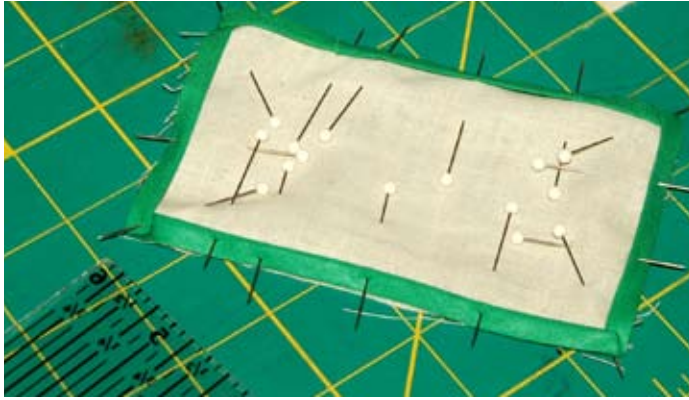


## Ingredients

- 1 foot bias tape
- 9" x 4" fabric
- 1/4 c. Long grain white rice
- 1/4 c. Catnip or other herb like lavender or chamomile



Select the material that you will be using for your pillow. If you are making it for your kitty, use a sturdier fabric. Cut the fabric into two pieces of of equal size 4" X 5".



Pin the bias tape to the right side of the fabric with the fold facing inward. Sttich the bias tape to the fabric on all sides.

Place the second piece of fabric with right sides together and bias tape pressed between them. Pin and stitch up the sides - make sure to leave a 1 1/2" section unstitched. Turn right sides out.



Mix 1 - 2 Tablespoons catnip or lavender with 1/4 cup rice in a measuring cup. Fill the pouch using a funnel (paper rolled into a cone shape works well).



Stitch up the opening and you are all set! If you fill it with catnip you can place the pouch in the microwave for 5-10 seconds to heat it up and revitalize the scent for your kitty to enjoy again and again.

